



# Term 3 2018 Newsletter...

## Winter Swim Special:

Just another friendly reminder that our Winter Swim Special will be running from Monday the 4<sup>th</sup> June to Monday the 3<sup>rd</sup> September (Monday receives an extra day due to Tadpoles being closed on Monday 11<sup>th</sup> June; Queen's Birthday long weekend). This special entitles you to a second lesson a week for only half price!! We have had a large amount of interest which is great to see. Please speak to our office for more information or to take advantage of this great deal, we guarantee you will see the difference!

## 'Beating The Bug' this Winter:

As it starts to get colder we ask that parents remember to bring adequate clothing for children to change into before they head out the door. Although we all know the pool house is rather toasty, to a little one hoping out of the water it isn't so warm, and outside is positively freezing! To prevent illness this coming cold and flu season, rugging children up in jackets and even beanies (to protect their little wet heads) on those cold days, is a MUST! We ask that parents also keep this in mind when opening up windows.

Although it is a little humid on deck, on those cold days even a crack in the window sends a draft through the pool house that makes it very cold for our swimmers and teachers. Help us minimise sickness by keeping the flow of cold air from the windows (and the entry door!) to a minimum.

## Minimising the spread of germs:

Parents; If your little one isn't feeling their best PLEASE KEEP THEM HOME! Sick children in the pool spreads disease to other children and our teachers. We offer makeup lessons for this precise reason so you will not miss out! Help us keep our pool (and pool house) germ free for all those healthy enough to enjoy their lesson, and when your swimmer is feeling better we will do our utmost to accommodate your availabilities for makeup lessons. If children are deemed unfit to swim due to illness by their teacher or the office they will NOT be permitted to swim in their lesson and will need to do a makeup lesson anyway, save yourself the wasted trip and just keep them home if they are under the weather.

## Active Kids Rebate:

As you are aware we were unable to take Active Kids Vouchers for Term 2 fees. We apologise for any inconvenience caused and for the lengthy delay in our approval. We have submitted all the relevant paperwork and have been chasing answers regarding our acceptance for over 7 weeks but cannot seem to get an answer. As a business it simply isn't viable for us to hold off on payment of swim fees for these vouchers as we do not know when we will be able to collect funds for them. We are hoping to be able to accept them for Term 3 fees. We will keep everyone up to date with our progress, and appreciate everyone's patience on this matter.

## Website:

Check out our Website at:  
[www.tadpolesswimschool.com.au](http://www.tadpolesswimschool.com.au)

And LIKE us on Facebook to stay up-to-date on all things Tadpoles.



## IMPORTANT DATES

**LAST DAY TERM 2 2018:** Saturday 7<sup>th</sup> July 2018

**FIRST DAY TERM 3 2018:** Monday 16<sup>th</sup> July 2018

**WINTER SWIM SPECIAL DATES:** Monday 4<sup>th</sup> June – Monday 3<sup>rd</sup> September

**LAST DAY TERM 3 2018:** Saturday 29<sup>th</sup> September 2018

*The importance of swimming all year round... (especially through Winter!)*

Lets face it, on a cold winters day the last thing we are thinking of doing is going for a swim. It may not be such a great secret though, that doing just that may save your child's life.

According to the Royal Life Saving Society, a child isn't deemed water 'safe' until they can capably (and confidently) swim 50 meters freestyle, 50 meters backstroke and 50 meters of a survival stroke like breaststroke of lifesaving backstroke. For our Tadpoles this means the completion of the advanced levels of our program.

Royal Life have been in the media recently discussing the benefits of year-round swimming, but also just how disadvantaging stopping for winter really is. A child who stops lessons for winter will return to swimming having regressed in skill over that 6 months off. It takes at least half a term for them to regain confidence and ability in order to improve from where they left. For winter swimmers, having that continual exposer they tend to progress at an unparalleled rate. They improve faster and further and have less 'setbacks' in confidence and skill ability, meaning they tend to jump ahead those children who stop for 6 months of the year.

From a safety perspective, and health permitting, swimming through winter really is imperative to a child's aquatic education. At a toasty 33-34 degrees winter doesn't come to our Tadpoles pool, making it a comfortable environment for swim lessons for children of all ages.

Facebook *COMPETITION TIME:*

## **Check In and Win!**

**To Enter:** Simply check yourself in at *Tadpoles Swim School* through our Facebook Page while here for your child's lesson and you can go into the draw to win one of Three Tadpoles Swimming Packs valued at over **\$50!**

These packs are specialised for the level of your little Tadpole, meaning practicing their swimming will be fun AND educational!

**Our beginner pack includes:**

**1 swim ring, 1 swimming hat, and an aqua nappy**

**Our intermediate and advanced packs include:**

**1 Swimming Hat, One pair of Vorgee Goggles and dive toys!**

You can check in as often as you like, each check in is counted as one entry into the draw. Be sure to **LIKE** our page to stay up-to-date on all things Tadpoles and please leave us a review!

\*T&C Apply\*



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## STAFF NEWS....

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The Staff of Tadpoles have an exciting Training Trip coming up while we are closed in the next school holidays.

Kristina and Emil are taking everyone up to the Hunter Valley for a 2-night retreat. They have hired a pool where our teachers will learn to better their skills and share their great ideas and practices.

Be sure to keep an eye out for some new techniques when we return to swimming lessons for Term 3!